February 2022





IT'S A NEW YEAR-AND WE'RE GONNA MAKE IT COUNT!

There are many wonderful aspects of being the SHS Executive Director. The greatest among them is the opportunity to be inspired by the seniors I encounter daily. One thing to come out of 2021 is a general realization of how impressive older members of our community are. They have not only had to cope with being the most vulnerable members of society during this pandemic, but they've also had to suffer a great deal of loneliness and isolation. However, many seniors' attitudes, humor, and behavior have been genuine aspirations despite these difficulties. It would do us all well to emulate their courage, positivity, and dedication in the year to come.

There are some challenging realities we need to prepare for this next year. Low-income seniors' need for affordable housing in our community is more crucial now than ever before, but that also reinforces the value of the work that we are doing in our community. With record-high levels of increased inflation, 7% over the past year, the highest it's been since 1982, low-income seniors will find it challenging to cover their two main expenses, housing, and health care expenditures.

Through your support, Senior Home Sharing will start to close the gap in the housing market for those seniors in need of an affordable place to live. SHS's plans go beyond simply building new homes or remodeling and renovating older homes for our needs to help achieve a sustainable future. We have also

started the process of introducing "senior homeshare" for those low-income seniors that have more house than they need. These seniors want to stay in the home they have been living in, but it has become too costly for them to manage. By sharing their home, they can afford to stay put!

Finally, I'd like to celebrate what we've all achieved together over the last year. When our neighbors don't know where to turn, our partners know to come to us, which is a powerful testament to our work. We're so thankful for you!

Rita WA Pom

Rita Brosnan, LCPC Executive Director

SHS AT HOME INAUGURAL SHS CONCERT SERIES



We kicked the holiday season off right by introducing our first SHS Concert Series! Our new music program was graciously funded by a generous grant from the DuPage Foundation. Dr. Michael Fritsch, a fantastic pianist, and educator played some of our holiday favorites. Throughout the concert, he shared some great stories about the songs and their composers.

The SHS Concert Series will be year-round. We're excited to have Mike back with us again, along with some other musicians. We will keep you posted with the details as they become available.

LOCAL Christmas Came Early For SHS!



This past Christmas we were lucky enough to be adopted by the Association of Senior Service Providers.

Thank you ASSP! This is a great group and a great network to be part of.

FOR YOU Senior Discounts?!?!



Every little bit saved helps, and senior discounts are a fantastic way to maintain your budget and enjoy the benefits of being an older adult. Keep in mind, there is not a legal requirement to offer discounts to seniors, so it pays to ask before you buy. If you can think of it, there just might be a discount for it! The minimum age requirements vary based on the company or location and can range from 50 to 65 years of age.

Home Depot

- Price match guarantee
- In-store or online
- No age requirement

Amazon Prime

- 50% off Prime membership
- Online

• Every day

Goodwill Senior Savings Day

- 10% off your purchase
- In-store
- 60+ years
- Tuesdays

JOANN Senior Discount Day

- 20% off your purchase
- In-store
- 55+ years; must present a state-issued photo ID for proof of age upon checkout to receive discount
- Check your local JOANN store for their senior day schedule

Kohl's

- 15% off your purchase
- In-store
- 60+ years; must present a state-issued photo ID, which is required at checkout
- Wednesdays

Lowe's Veteran Program

- 10% off your purchase
- In-store and online
- Military veterans must first <u>enroll online</u>; valid photo ID required at checkout
- Every day

Ross Dress for Less 55+ Program

- 10% off your purchase
- In-store
- 55+ years; must provide a photo ID at checkout
- Tuesdays

 Must be a qualifying government assistance recipient, including SSI and SNAP

Big Lots Big Rewards

- Cash-back rewards, VIP shopping day discounts, and a birthday surprise
- In-store or online
- Must create a <u>Big Lots account</u>
- Every day

CVS ExtraCare

- Earn 2% back in ExtraBucks Rewards every time you use your ExtraCare card
- In-store or online
- CVS ExtraCare card member
- Every day

Michaels

- 10% off your purchase
- In-Store and Online
- 55+ years; Must create a Michaels Rewards account
- Every day

Walgreens Seniors Day

- 20% off eligible items and cash rewards
- In-store and online
- 55+ years or an AARP member; must create a <u>myWalgreens</u> account
- Check your local Walgreens for their senior day schedule

CVS Veterans Advantage

- 20% off your purchase
- Online

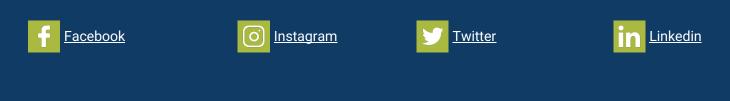
COMMUNITY Click below to find out more about SHS Services

- SHS In-Home Counseling
- SHS HomeShare
- <u>SHS Homes</u>

DONATE Support Senior Home Sharing



America is growing older, and soon older adults will outnumber their children. *Onethird of this increasing senior population is struggling with finding a cost-effective place to live and a supportive place to belong.* Senior Home Sharing provides a solution to our communities by providing an alternative to high-cost senior living through sharing a home. Donate now to help our elderly feel a sense of security, and community making independent living a realistic choice.



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