



### WHAT'S NEW What a Year It Has Been!

When I joined Senior Home Sharing in August of 2020, I wasn't sure what to expect, but then again, I don't think anyone knew what to expect in any situation back then. The board and previous leadership had put excellent rules and protocols in place (Phew!), and our residents were doing their best to follow those rules and keep themselves and everyone safe-Thank you all! None of us, not even our oldest resident (ninety-nine years old), had lived through a pandemic before, but, together, we were determined to do it.

Despite the challenges and the ever-changing landscape of the world, I wouldn't trade the experiences I've had during this past year. I was able to get to know our residents and their family members, forging new relationships that I hope will last a long time. We welcomed back two previous residents because they had missed the friends they had made and the community and safety our homes provided. Having them return to our homes just reinforced our values at work, promising positive opportunities for future residents.

Now that the world is slowly returning to a new normal, I look forward to exciting new growth. Early in the pandemic Senior Home Sharing quietly celebrated its 40th anniversary, and we're busy planning the next 40 years. We're adding services to serve our residents better and positively impact even more seniors' lives by adding in-home Senior Counseling. We're looking at options for additional homes so that we can offer even more seniors a warm and inviting place to call home, a place where they can continue to be independent, make new friends, and feel safe. We promise to keep you posted!

Over the last few months, I've gotten to meet many of our supporters and partners, but I'm looking forward to the opportunity to get out there to talk to everyone in the coming months. In the meantime, please reach out to me to check in and see how we're doing. I look forward to hearing from you.

Rita Brosnan, LCPC Executive Director

# LOCAL New Partnership With the Glen Ellyn Food Pantry



Did you know that senior citizens make up approximately 9% of the houses of the Glen Ellyn Food Pantry families? The Glen Ellyn (GE) Food Pantry provides these seniors with supplemental groceries, saving them money for expensive medications. In June, Senior Home Sharing was happy to partner with the GE Food Pantry for our low-income seniors at our home in Lombard. They have recently expanded their services to include our home in Naperville. Volunteers from the GE Food Pantry check in with our staff at each of our homes once a week to see what items are needed or can be used. Once the list is complete, they collect the order, and a volunteer drops them off at the corresponding houses. With this new service, the GE Food Pantry provides a support system to our seniors on a fixed income, helping to ease financial stress.

Click here to find out how you can contribute

### YOUR HEALTH

Senior Home Sharing now provides confidential in-home senior counseling for you or someone you love.



Changes and challenges in living situations, abilities, or grief can make you feel lost, sad, invisible, or misunderstood. Working through these feelings alone can be difficult. But you don't have to struggle alone. Senior Home Sharing's counselor is ready to partner with you or a loved one to solve problems, face struggles, and build hope. Our in-home counseling provides convenience, comfort and can be a time saver for those that depend on others.

<u>Click here to find out more about our in-home conseling today</u>

### **COMMUNITY** Share Your Home, Or Find a Home



If you own your home, and have a spare bedroom, you can take part in becoming a home-sharing host. Or maybe you are looking for a home? Home-sharing can be a great way to provide affordable housing with existing resources, allows aging in place and, empowers community members.

Senior Home Sharing will match housing providers with housing seekers to create affordable housing solutions through home-sharing. With our 40+ years of experience, skills, and knowledge we know we can find a home-sharing guest or house-sharing host for you that will be a perfect fit. Get started today by clicking one of the boxes below or to find out more information.

<u>I have an available room to rent</u>

l am seeking housing



## **DONATE** Support Senior Home Sharing



America is growing older, and soon older adults will outnumber their children. *One-third of this increasing senior population is struggling with finding a cost-effective place to live and a supportive place to belong.* Senior Home Sharing provides a solution to our communities by providing an alternative to high-cost senior living through sharing a home. Donate now to help our elderly feel a sense of security, and community making independent living a realistic choice.

#### DONATE TODAY

